

EarthCraftuk Nature Skills (Bushcraft)

Level: One

Course Duration: 10am day 1 to 5pm day 2. Number of Participants: minimum 6

Programme © EarthCraftuk Ltd

June 2009

www.earthcraftuk.com

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The participant will be able to:	The participant has achieved this outcome as they can now:
1. Understand what is meant by the term “Bushcraft”	1.1. Give examples of what is often included in the term “Bushcraft” ie the four predominant elements. 1.2. Have an understanding of how the development and transferral of Bushcraft knowledge was so important in the daily lives of our hunter gatherer ancestors
2. Understand the importance of respecting the countryside	2.1. Identify and discuss important features of the Country Code 2.2. Demonstrate areas of putting the Country Code into practice.
3. Recognise Native woodland life	3.1. Identify 5 common poisonous plants/trees/fungi 3.2. Identify 5 edible woodland plants/trees 3.3. Identify 5 common woodland trees 3.4. Identify 5 woodland animals/birds
4. The understanding of key personal Health & Safety responsibilities for Bushcraft skills	4.1 State and discuss key risks to self when participating in Bushcraft skills 4.2 State and discuss key personal responsibilities to others when participating in Bushcraft skills 4.3 Be familiar with and take personal responsibility to comply with the EarthCraftuk Health & Safety policies within the woodland camp
5 The understanding of creating fire without the use of a match or lighter	5.1 Discuss how fire is created using 3 different methods 5.2 Be familiar with the components needed for a simple fire by friction, bow drill set 5.3 Use a simple bow drill set appropriately to create fire by friction.
6 Preparation of woodland food for human consumption	6.1 Outline key considerations of Health/Food Hygiene when preparing and cooking food in a woodland setting over an open fire 6.2 Outline and demonstrate how to prepare 3 edible woodland foods for human consumption 6.3 Discuss and demonstrate the importance of appropriate disposal of food waste

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The participant will be able to:	The participant has achieved this outcome as they can now:
7. Understand and Demonstrate the importance of the camp fire and its safety	7.1 Discuss the fundamental importance of a camp fire in Bushcraft skills 7.2 Outline the fundamental importance of the camp fire location; safety and extinguish to leave no trace.
8. Understand the resources needed, and the process required to construct a simple and safe, woodland shelter	8.1 Discuss, identify and source suitable natural materials which can be used in shelter building 8.2 Discuss considerations which need to be taken into account when choosing the location for a woodland shelter 8.3 Make a safe and weatherproof woodland shelter with consideration to the sources of the natural materials 8.4 Create simple bedding in the woodland shelter 8.5 Identify key environmental considerations which need to be taken into account when constructing woodland shelters
8. Sourcing wild water and making safe to drink	9.1 Identify possible sources of water in a woodland environment 9.2 Make a Gypsy Well and extract water 9.3 Discuss why the water extracted would need to be processed to make safe to drink 9.4 Prepare the water extracted for drinking 9.5 Discuss the importance of managing water supplies in a woodland environment
9. Become familiar with the importance of natural cordage, the skills to make cordage and useful knots.	9.1 Identify 3 varieties of plant fibres used to make natural cordage & create cordage 9.2 Demonstrate the tying of 3 useful knots using natural cordage and their application in a woodland setting.
10. Successfully complete an overnight stay in a woodland camp whilst attending the EarthCraftuk Nature Skills Programme	10 Stay overnight in a woodland camp and work alongside others in harmony.

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This programme is run for groups of a minimum of 6 participants and over 2 full days and 1 night. This is an ideal introduction to the world of Bushcraft. The experience gives an overview of the principle elements of Bushcraft: Fire, Water, Shelter and Food.

We are an approved provider of Outdoor Education by Kent County Council and our programmes can be tailored towards youth groups and school groups (From Year 7) offering an opportunity to develop new nature based skills and essential life skills in `the classroom without walls`! Children exploring the natural environment will grow in confidence, take responsibility for their own learning, become far more aware and show a greater appreciation for the natural world in which they live. By taking part, schools will be implementing aspects of sustainable development, the new Manifesto for Learning Outside the Classroom, and the Every Child Matters Agenda. We ask that one teacher/youth group leader per 10 children accompany the group to provide pastoral care.

Our programmes also make brilliant corporate events being tailored towards adults. Being away from the stresses, strains and distractions of the commercial world, it will give participants the chance to develop team building skills; emotional intelligence; build on their friendships and develop new skills and knowledge, in a unique peaceful ancient woodland setting.

Each participant's achievements will be assessed informally during the programme and an 'EarthCraftuk Certificate of Achievement' will be presented before departure.

Please refer to our suggested overnight camp kit list for each participant to bring along. However, please speak to us if a participant hasn't access or funds to buy kit, as we do have a few sets which can be borrowed if needed. All food and refreshments are provided, however, the programme encourages a hands-on approach and the participants will be encouraged to work together under supervision, to prepare and cook their meals from a selection of produce provided (including vegetarian options).

The cost per person is £150 (6 - 25 participants). For numbers over 25, please talk with us to discuss a programme suitable for your numbers.

EarthCraftuk



Reconnecting You with Our Natural World

www.earthcraftuk.com