

# EarthCraftuk Nature Skills (Bushcraft)

**Level: Two**

**Course Duration: 10am day 1 to 5pm day 4. No of Participants: Min 6 Max 16**

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June 2009

www.earthcraftuk.com

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The participant will be able to:</b>	<b>The participant has achieved this outcome as they can now:</b>
<b>1. Understand what is meant by the term “Bushcraft”</b>	1.1. Give examples of what is often included in the term “Bushcraft” ie the four predominant elements 1.2. Have an understanding of how the development and transferral of Bushcraft knowledge was so important in the daily lives of our hunter gatherer ancestors
<b>2. Understand the importance of respecting the countryside</b>	2.1. Identify and discuss important features of the Country Code 2.2. Demonstrate areas of putting the Country Code into practice.
<b>3. Recognise Native woodland life</b>	3.1. Identify 5 common poisonous plants/trees/fungi and describe their effects 3.2. Identify 5 edible woodland plants/trees and demonstrate how these can be prepared ready for human consumption 3.3. Identify 5 common medicinal woodland plants/trees and describe their uses. 3.4. Identify 5 common woodland trees and describe their distinguishing features 3.5. Identify 5 woodland animals/birds and describe their habitats 3.6. Explain basic woodland management, to include ride management and coppicing together with the importance of maintaining biodiversity
<b>4. The understanding of key Health &amp; Safety issues in the Bushcraft field</b>	4.1 State and discuss key risks to self and others when participating in Bushcraft Skills 4.2 Be familiar with and take personal responsibility with the EarthCraftuk Health & Safety policies whilst within the woodland camp

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<b>The participant will be able to:</b>	<b>The participant has achieved this outcome as they can now:</b>
<p><b>5. Fire – Be totally familiar with the principles and techniques of safe site selection, fire lighting methods and techniques, fire management, safety and extinguishing to leave no trace.</b></p>	<p>5.1 Discuss various non friction, methods of fire lighting and create fire using 2 different methods</p> <p>5.2 Source natural materials to create own bow drill set and create fire by friction</p> <p>5.3 Discuss the reasons for safe camp fire location selection</p> <p>5.4 Discuss the elements of the fire triangle and their effects on the success of the fire</p> <p>5.5 Source various appropriate natural materials to be used as tinder, kindling and firewood and discuss the reasons for particular choices</p> <p>5.6 Describe and demonstrate 3 different types of fire lay and give reasons for their effectiveness</p> <p>5.7 Discuss the importance of safety regarding the camp fire and camp fire area</p>
<p><b>6. Preparation of woodland food for human consumption</b></p>	<p>6.1 Outline key considerations of Health/Food Hygiene when preparing and cooking food in a woodland setting over an open fire</p> <p>6.2 Prepare 3 seasonal edible woodland foods for human consumption</p>
<p><b>7. Understand safe cooking over an open fire and cook a minimum of two different meals using a minimum of 2 different methods</b></p>	<p>7.3 In groups, prepare and cook 2 different meals using 2 different methods from the produce provided (to include vegetarian options)</p>
<p><b>8. Understand the resources needed, and the process required to construct a simple and safe woodland shelter</b></p>	<p>8.1 Discuss, identify and source appropriately, suitable natural materials and create a weatherproof woodland shelter</p> <p>8.2 Create simple natural bedding in the woodland shelter</p> <p>8.3 Identify key environmental considerations which need to be taken into account when constructing woodland shelters</p>

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<b>The participant will be able to:</b>	<b>The participant has achieved this outcome as they can now:</b>
<b>9. Source wild water and make safe to drink</b>	9.1 Identify possible sources of water in a woodland environment 9.2 Collect water and make safe for drinking (a) Make a Gypsy Well and extract water (b) Collect water from vegetation (c) Create a solar still to extract water 9.3 Discuss the importance of managing water supplies in a woodland environment
<b>10. Become familiar with the importance of natural cordage and the skills to make cordage.</b>	10.1 Identify 3 varieties of plant fibres used to create natural cordage. 10.2 Create continuous lengths of cordage
<b>11. Understand and use a variety of appropriate knots &amp; lashings</b>	11.1 Demonstrate the tying of 5 useful knots and lashings and demonstrate their application in a woodland setting
<b>12. Demonstrate a familiarity with using basic woodland hand tools</b>	12.1 Explain and demonstrate the safe use of four different hand tools ie tool maintenance, safety, storage and use.
<b>13. Demonstrate how to make a minimum of four different craft items using natural woodland materials</b>	13.1 Identify suitable natural resource material for woodland craft items 13.2 Create four different craft items from natural materials
<b>14. Demonstrate how to erect a tarp and hammock to be used as shelter</b>	14.1 Demonstrate safe site selection for overnight man made shelters 14.2 Demonstrate how to erect a tarp and hammock using appropriate knots
<b>15. Have an awareness of tracking</b>	15.1 Identify common mammal tracks and signs
<b>15 Successfully complete three nights and four days in a woodland camp whilst attending the EarthCraftuk Nature Skills programme</b>	15.1 Stay for three nights and four days in a woodland camp and work alongside others in harmony

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This programme is run for groups of a minimum of 6 participants, over 4 full days and 3 nights. This is a much more in depth programme than our others and is for the serious `Bushcrafter` !!! (Minimum age 16 years). Our Level 2 programme offers a wealth of knowledge and practical experience in the world of Bushcraft. A portfolio will be required to be completed and returned to us within 6 weeks of attending the programme to achieve our EarthCraftuk Certificate of Excellence. Although the portfolio is optional – it documents the programme and the participant’s achievements and once completed, becomes an invaluable reference guide.

We are an approved provider of Outdoor Education by Kent County Council and our programmes can be tailored towards youth groups and school groups offering an opportunity to develop new nature based skills and essential life skills in `the classroom without walls`! Children exploring the natural environment will grow in confidence, take responsibility for their own learning, become far more aware and show a greater appreciation for the natural world in which they live. By taking part, schools will be implementing aspects of sustainable development, the new Manifesto for Learning Outside the Classroom, and the Every Child Matters Agenda. We ask that one teacher/youth group leader per 10 children accompany the group to provide pastoral care.

Our programmes also make brilliant corporate events being tailored towards adults. Being away from the stresses, strains and distractions of the commercial world, it will give participants the chance to develop team building skills; emotional intelligence; build on their friendships and develop new skills and knowledge, in a unique peaceful ancient woodland setting.

Each participant’s practical achievements will be assessed informally during the programme with the students completing a portfolio of further knowledge and evidence, for submission within 6 weeks of completing the programme. An ‘EarthCraftuk Certificate of Excellence’ will be presented once the portfolios have been assessed.

Please refer to our suggested overnight camp kit list for each participant to bring along. However, please speak to us if a participant hasn’t access or funds to buy kit, as we do have a few sets which can be borrowed if needed. All food and refreshments are provided, however, the programme encourages a hands-on approach and the participants will be encouraged to work together under supervision, to prepare and cook their meals from a selection of produce provided (including vegetarian options).

The cost per person for this exciting programme is £295 (6-16 participants)

EarthCraftuk



Reconnecting You with Our Natural World

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