

EarthCraftuk Nature Skills (Food & Water)

Level: One

Course Duration: 10am day 1 to 5pm day 2. No of Participants: Min 6 Max 30

Programme © EarthCraftuk Ltd

June 2009

www.earthcraftuk.com

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The participant will be able to:	The participant has achieved this outcome as they can now:
1. Understand the importance of respecting the countryside	1.1. Identify and discuss important features of the Country Code 1.2. Demonstrate areas of putting the Country Code into practice.
2. The understanding of key personal Health & Safety responsibilities for Bushcraft skills	2.1 State and discuss key risks to self and others when participating in Bushcraft skills 2.2 Be familiar with and take personal responsibility to comply with the EarthCraftuk Health & Safety policies within the woodland camp
3. Source common edible foods from a woodland environment	3.1 Identify and discuss 3 edible woodland foods that could be obtained from the local flora
4. Preparation and cooking of food over an open fire	4.1 Outline and demonstrate how to prepare at least 3 seasonal woodland foods for human consumption 4.2 Cook a meal from a choice of produce, using two different methods of cooking 4.3 Outline key considerations of Health/Food Hygiene when preparing and cooking food in a woodland setting over an open fire 4.4 Outline 3 different methods of camp fire cooking
5. Demonstrate an awareness of game preparation in a woodland environment	5.1 Give examples of 3 game birds or animals, or fish that could be prepared for human consumption and cooked on an open fire 5.2 Prepare one item of game (provided) and cook over an open fire 5.3 Outline the key considerations according to the law with reference to catching game eg protected species and seasonal regulations
6. Recognise potential water supplies that are readily available within a woodland environment	6.1 Identify at least two places that water might be found in a woodland environment

EarthCraftuk Nature Skills (Food & Water)

Level: One

Course Duration: 10am day 1 to 5pm day 2. No of Participants: Min 6 Max 30

Programme © EarthCraftuk Ltd

June 2009

www.earthcraftuk.com

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
7. Sourcing wild water and making safe to drink	9.1 Identify possible sources of water in a woodland environment 9.2 Make a Gypsy Well and extract water 9.3 Collect water by one other water extraction method 9.4 Discuss why the water extracted would need to be processed to make safe to drink 9.5 Prepare the water extracted for drinking 9.6 Discuss the importance of managing water supplies in a woodland environment
8. Demonstrate a familiarity with waterborne diseases	8.1 Outline key waterborne diseases and their sources 8.2 Outline why the water extracted would need to be filtered/treated before it could be consumed and how this could be done
9. Successfully complete one overnight stay in a woodland camp whilst attending the EarthCraftuk Nature Skills Programme	9.1 Stay overnight in a woodland camp and work alongside others in harmony

earthcraftuk



Reconnecting You with Our Natural World

EarthCraftuk Nature Skills (Food & Water)

Level: One

Course Duration: 10am day 1 to 5pm day 2. No of Participants: Min 6 Max 30

Programme © EarthCraftuk Ltd

June 2009

www.earthcraftuk.com

This programme is run for groups of a minimum of 6 participants and over 2 full days and 1 night. This is an ideal introduction to the world of Bushcraft with complete emphasis on food and water – crucial elements in the world of survival and Bushcraft. By the end of this programme, the students will develop a good understanding in these essential areas.

We are an approved provider of Outdoor Education by Kent County Council and our programmes can be tailored towards youth groups and school groups (From Year 7) offering an opportunity to develop new nature based skills and essential life skills in `the classroom without walls`! Children exploring the natural environment will grow in confidence, take responsibility for their own learning, become far more aware and show a greater appreciation for the natural world in which they live. By taking part, schools will be implementing aspects of sustainable development, the new Manifesto for Learning Outside the Classroom, and the Every Child Matters Agenda. We ask that one teacher/youth group leader per 10 children accompany the group to provide pastoral care.

Our programmes also make brilliant corporate events being tailored towards adults. Being away from the stresses, strains and distractions of the commercial world, it will give participants the chance to develop team building skills; emotional intelligence; build on their friendships and develop new skills and knowledge, in a unique peaceful ancient woodland setting.

Each participant's achievements will be assessed informally during the programme and an 'EarthCraftuk Certificate of Achievement' will be presented before departure.

Please refer to our suggested overnight camp kit list for each participant to bring along. However, please speak to us if a participant hasn't access or funds to buy kit, as we do have a few sets which can be borrowed if needed. All food and refreshments are provided, however, the programme encourages a hands-on approach and the participants will be encouraged to work together under supervision, to prepare and cook their meals from a selection of produce provided (including vegetarian options).

The cost per person is £150 (6 - 25 participants). For numbers over 25, please talk with us to discuss a programme suitable for your group.

earthcraftuk



Reconnecting You with Our Natural World

www.earthcraftuk.com